

# DEDERANG PRIMARY SCHOOL

*"Where each child is challenged to be curious, creative and caring."*



## SUNSMART POLICY

### **POLICY STATEMENT:**

A balance of ultraviolet radiation (UV) exposure is important for health. Over exposure to the sun during childhood can cause skin and eye damage and is known to be a major cause of skin cancer. As a school, we have a responsibility to protect students from the danger of excessive UV radiation exposure through implementation and enforcement of SunSmart strategies. Dederang PS also acknowledges the importance of Vitamin D levels and appropriate sun exposure for general health.

### **PROCEDURE:**

1. Staff and students are encouraged to access the daily local sun protection times via the SunSmart widget on the school's website or at <http://www.sunsmart.com.au>
2. Between the months of September to the end of April and when the sun UV levels are 3 and above the following is to be implemented:
  - a. Staff and students are to wear a broad-brimmed hat whenever they are outside. Students who do not have hats are directed to move into the shade.
  - b. Staff and students are encouraged to wear SPF 30 (or higher) broad-spectrum, water-resistant sunscreen for protection. Sunscreen will be available at school. Where ever possible, susnscreen will be applied at least 20 minutes before going outdoors and reapplied every two hours. Students will be reminded to apply sunscreen.
  - c. Other options for sun protection such as sunglasses that meet Australian Standard 1067 (Sunglasses: Category 2, 3, or 4) are encouraged.
  - d. Students will be encouraged to use available areas of shade for outdoor activities.
  - e. Staff model SunSmart behaviours.
  - f. Structures such as timetabling of sport, lunch breaks etc. will when possible be designed to minimize sun exposure.
  - g. The availability of shade is considered when planning all other outdoor activities.

3. Sun protective clothing is included in our DPS Dress Code. School clothing is cool, loose-fitting and made of a dense fabric. It includes shirts with collars and elbow-length sleeves and shorts. Rash vests or t-shirts are required for outdoor swimming activities.
4. Students are encouraged to play outside in the Winter sun during Terms 2 and 3 in accordance with SunSmart recommendations for Vitamin D exposure.
5. Learning programs on sun protection and vitamin D are included in the curriculum for all students.
6. SunSmart information is promoted to the wider school community.
7. In consultation with the DPS School Council, shade provision is considered in future grounds and building plans.
8. DPS will maintain SunSmart accreditation.

**LEGISLATION:**

Occupational Health and Safety Act 2004  
Education and Training Reform Act 2006: Sch.5 Reg. 1 (1.2)

**RELATED POLICIES AND INFORMATION:**

DPS School Uniform Policy  
SunSmart Website: <http://www.sunsmart.com.au>  
DPS Website: UV meter

Presented to School Council 18<sup>th</sup> May 2016 and approved.

**Policy review:** 2018